


PROGRAMS & PRICING

	FUNCTIONAL WELLNESS PROGRAM (FWP) <i>Consult-Based Functional Medicine Package</i>		CONCIERGE/ FUNCTIONAL PRIMARY CARE <i>Annual Membership with Direct Clinician Access</i>
	JENNY KALINA, PA <i>Functional Medicine Board Certified</i>		PA/MD <i>Functional Medicine Board Certified</i>
Pricing	Functional Wellness Program (Initial) \$2,000	Functional Wellness Program (Follow-Up) \$1,200	Age-Based Annual Membership Age <34 \$5,500/\$6,800 35-49 \$6,400/\$7,800 50-74 \$7,400/\$8,800 75+ \$8,400/\$9,800
	Package Features		Unlimited Visits
	Included Visits Initial Intake/Onboarding visit with RN Medical History & Symptoms (90 min)	Previously Established	Primary Care via Functional Medicine & Additional Primary Care Services (see Primary Care Services List)
	Clinician visit with Physical Exam, Lab Results Analysis & Plan of Care (2 Hours)		
	Interim Protocol Visit via Telehealth (Health Coach/RN or Clinician as needed)	Interim Protocol Visit via Telehealth (Health Coach/RN or Clinician as needed)	24/7 Concierge Clinical Coverage for Urgent Health Needs
	Final Follow Up Visit with Clinician- Assess Progress/Determine if Additional Follow up is Needed (2 hours)	Final Follow Up Visit with Clinician- Assess Progress/Determine if Additional Follow up is Needed (2 hours)	
Additional Features			
Ordering of Labwork & Specialized Testing by Clinician	✓	✓	✓
Lab Draws at our office <i>(cost of labs not included- some may be eligible for insurance billing)</i>	✓	✓	✓
Body Composition Analysis	Up to 2 Reports Included	Up to 2 Reports Included	Unlimited
EKG	1	1	As Needed
Secure & HIPAA Compliant Messaging with Health Coach/RN & Office Staff on the Spruce Health App	✓	✓	✓
Secure & HIPAA Compliant Messaging with Clinician on Spruce & Direct Phone Line Access			✓
Sick & Urgent Care as Needed			✓

Pricing Subject to Change. Guaranteed Pricing with Signed Membership Agreement and Set Appointments Only

